

## Our Learning Culture

Learning in our school is not be exclusively about content. Our school values help to develop a pupil's character and learning habits and enable them to grow into well-rounded individuals and successful learners. They are deeply embedded within all areas of school life, including our curriculum and behaviour for learning.

- We believe in [growth mindset](#). It is the foundation of our learning culture. Please click on the link to learn more about growth mindset.
- We understand the importance of [verbal praise](#) in motivating pupils' learning and developing their growth mindset. The link above discusses the research on the effect of praise on mindsets.
- When verbally praising we use common language in line with our school values *W.E. C.A.R.E.* and we praise the effort and skills exhibited rather than the ability or the child. Examples of specific verbal praise is provided throughout this leaflet.
- Recognise your child's efforts and skills rather than reward. We want our children to behave and display these values because it's the right thing to do rather than to receive a reward or avoid a punishment. Research shows that people enjoy having their accomplishment recognised by others and this can increase internal motivation.

## Developing Wonder

- Take your child to different places, experiences etc.
- Encourage your child to not be afraid to try new foods, sports, activities etc. Don't say no. Have a go!
- Ask your child questions and encourage your child to ask questions. I wonder if... or I wonder how... to encourage your child to come up with ideas or make connections.
- Encourage your child to come up with solutions to problems independently. Offer strategies/tools if necessary. "There's only one piece of cake – how can we make it fair?"

Examples of specific praise:

- ✓ What a creative solution to that problem!
- ✓ Good, it is making you think – that's how you know your brain is growing!
- ✓ I'm so proud of how you solved that problem.

## Developing Reflect

- Remind your child that it's okay to make mistakes. Mistakes are proof that you are learning and your brain is growing. Encourage your child to reflect on their learning/actions. Help them talk it through or try a 'do-over'.
- Provide specific feedback (try 2 stars and a wish) from time to time. But, don't overdo it. Encourage your child to use different strategies when they are stuck, including evaluating their own learning. Use the 5 B's poster to help children learn what to do when they are finding their learning tricky.
- Model self-control (Stop, think, make a choice) and talk through the choices and why you made them.
- Give choices and help your child talk through their options, choices and decisions. This is really crucial to helping build your child's judgement.
- Use the Peace Pathway to help children to develop their problem-solving skills.

Examples of specific praise:

- ✓ Good, it'd making you think – that's how you know your brain is growing!
- ✓ What do you think you did well? What do you think you can improve on? What would you change if you could do this again?
- ✓ I'm so proud you made that choice and you ...
- ✓ I am really impressed you challenged yourself by...

 Finding your learning tricky? Try the 5 B's!

### Be Brave

Have a go and believe in yourself! Show courage and don't be afraid to make mistakes.



### Bits and Bobs

Remember to use resources, tools, books and displays in the classroom to help you with your learning.



### Be still

Pause for a minute and have a think. Sometimes if we pause and think carefully, other ideas may come to us.



### Buddy

Ask a buddy to help. Can they explain it you more clearly?



### Boss

If you tried everything else and you're still stuck, it's time to ask a teacher for help.



**Kilburn  
Grange School**  
LEARN ENJOY SUCCEED

# Supporting Your Child's Character and Learning Habits

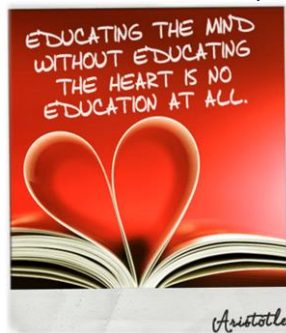
Our School Values	
<b>Wonder</b> <ul style="list-style-type: none"> <li>• We are curious about our learning and use our imagination.</li> <li>• We are not afraid to try new things.</li> <li>• We think carefully and generate ideas.</li> <li>• We scrutinise and we find ways to solve problems.</li> </ul>	
<b>Enjoy</b> <ul style="list-style-type: none"> <li>• We love learning and we are always learning.</li> <li>• We find interest in our learning.</li> <li>• We take pride in our learning.</li> <li>• We celebrate our successes and are proud of our achievements.</li> </ul>	
<b>Collaborate</b> <ul style="list-style-type: none"> <li>• We include everyone in our learning and work as a team to support and learn from each other.</li> <li>• We understand others and respect each other's differences, ideas and cultures.</li> <li>• We communicate well with others (we listen to each other carefully and we speak kindly).</li> <li>• We respect everyone's rights and treat everyone fairly.</li> </ul>	
<b>Aspire</b> <ul style="list-style-type: none"> <li>• We believe in ourselves and our confident in our abilities.</li> <li>• We plan to do something amazing and try our best to pursue it.</li> <li>• We try not to get distracted.</li> <li>• We are always striving to improve.</li> </ul>	
<b>Reflect</b> <ul style="list-style-type: none"> <li>• We think before we act.</li> <li>• We review our learning and seek feedback.</li> <li>• We learn from our feedback and mistakes. What can I do better or differently next time?</li> <li>• We love working on our next steps.</li> </ul>	
<b>Endeavour</b> <ul style="list-style-type: none"> <li>• We concentrate and practise so we can get better and grow our brain.</li> <li>• We work hard and try our best.</li> <li>• We show courage and are not afraid to take risks or make mistakes.</li> <li>• We are resilient and embrace challenges. We never give up.</li> </ul>	

### The One School Rule: W.E. C.A.R.E.

Being caring is a necessary aspect to building relationships: it's the essence of humanity. Caring and empathy are the building blocks for other caring emotions. It's how we develop gratitude, hope and compassion – which is the ability to act on your empathy.

#### **Top 10 Tips for Building Caring Hearts**

1. Be a role model. Show empathy and being caring (and using caring words) towards to others (waitresses, post man, bus driver etc.).
2. Write thank you notes/emails/texts.
3. Talk about feelings around us and in books. Help your child to learn feelings vocabulary.
4. Praise each other daily (meal time/bed time is a good time). Offer praise and being thankful comments.
5. Don't overdo the praise or rewards. When kids expect praise or rewards for very small accomplishments, it actually gets in the way of their thinking about other people's needs.
6. Donate, volunteer or help charities. This helps your child be grateful and teaches responsibility.
7. Use peace pathway to help your child solve problems and manage their emotions.
8. Recognise kindness around us.
9. Celebrate difference. Look for opportunities to have conversations about tolerance and respect.
10. Unconditional love! Spend quality time with your child daily. Talk to your child, play games, make them laugh. Make them feel cared for in everything you do and say.



### Developing Collaborate

- Encourage team work by playing games or working on projects together as a family or with friends.
- Model good communication including whole body listening.
- Point out collaboration around us and in books/t.v.
- Follow top 10 tips for building caring hearts.

#### *Examples of specific praise:*

- ✓ You worked well with your friend by...
- ✓ You really handled that situation well because...
- ✓ That was a responsible/caring thing you did...
- ✓ You did a great job with helping ...with..

### Developing Endeavour

- Encourage independence. Offer as much as support as necessary without taking over the activity/task.
- Allow your child to struggle. That's how we develop mastery muscles and confidence to tackle next step. Remind your child that struggle means their brain is growing. Practise, effort, resilience and courage are all part of the struggle.
- Model and point out what good concentration looks like around us or in books/t.v.
- Model resilience and perseverance. Point out endeavour around us and in books/t.v.
- Learn about people around us (in the past and now) that show W.E. C.A.R.E. values in their lives/work.

#### *Examples of specific praise:*

- ✓ You tried really hard on that.
- ✓ You never gave up, even when it was hard.
- ✓ I'm really impressed that you showed such endeavour by...
- ✓ It was brave of you to...
- ✓ Every time you practise, you're making the connections in your brain stronger.
- ✓ You mean you don't know YET!

### Developing Enjoy

- Provide experiences that develop your child's interests (places, activities, books, internet research).
- Explain or show the importance of different learning around us (reading, mathematics, science etc.)
- Encourage your child to be proud of their learning and to celebrate their learning. Display their learning around home or have them send a photo to loved ones.

#### *Examples of specific praise:*

- ✓ You have such a positive attitude.
- ✓ Well done. You're learning to...
- ✓ I like the way you ..
- ✓ I am so proud of you because ...
- ✓ Say nothing, just smile!

### Developing Aspire

- Model making plans and follow through on them. Talk about how rewarding it feels to complete them and what you have learnt.
- Talk about your child's next steps and what activities he/she can do to practise and get better at them. Remind your child that we can always improve or make things better.
- Teach self-encouragement. The way you talk to you child will become their inner voice. Try mantras such as 'Practise makes perfect.', 'If you don't succeed, try, try again.', 'I think I can. I think I can.'

#### *Examples of specific praise:*

- ✓ Your skills have really improved. Do you remember how much harder this was last week/last time?
- ✓ You have really improved on...
- ✓ I love the way you overcame that challenge by...

