



PSHE and RSHE Overview

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key whole school festivals, events and memorable dates	International Day of Peace, Older People's Day, Black History Month, Show Racism the Red Card, World Animal Day, World Mental Health Day, Harvest Festival, Rosh Hashanah, Yom Kippur, Eid-al-adha, Halloween	Bonfire Night, Diwali, Anti-bullying week, Remembrance Day, Guru Nanak Gurburab, Hanukah, Christmas/Nativity/Visit care home to sing carols, Children in Need/Universal Children's Day, Christmas Jumper Day, International Day for Tolerance, Human Rights Day, St Andrew's Day, International Day of Disability,	World Religion Day, Chinese New Year, Pancake Day, Safer Internet Day, Martin Luther King Jr. Day, Number Day, Children's Mental Health Week	World Book Day, Mothering Sunday, Holi Festival, Passover, Easter, International Women's Day, St Patrick's and St David's Day, International Day of Happiness, Comic Relief or Sport Relief	St George's Day, Buddha Day, World Day for Cultural Diversity, Earth Month, Science Week, International Day of Families, Ramadan/Eid-al-fitr,	Queens' Birthday, Father's Day, World Refugee Day, Dharma Day, Sports Day, Nelson Mandela Day, International Food Festival (as part of Summer Fair) Transition Day (to new classes)
School Value	WE CARE and Collaborate (revisited throughout the year)	Enjoy	Aspire	Endeavour	Wonder	Reflect
Reception (PSED)	<ul style="list-style-type: none"> ▪ Rules and routines ▪ School values ▪ Formulating friendships ▪ Naming body parts ▪ Our families are special ▪ Learning to understand that we are all different and unique. ▪ Conflict resolution 	<ul style="list-style-type: none"> ▪ Celebrating my achievements ▪ Taking care of my belongings ▪ Understanding the importance of being thankful ▪ School Values ▪ Honesty ▪ Learning how to keep safe when using fireworks ▪ Helping others 	<ul style="list-style-type: none"> ▪ Collaboration ▪ Learning about fears and how to overcome them ▪ Conflict resolution ▪ School Values ▪ Stranger danger ▪ Stereotypes 	<ul style="list-style-type: none"> ▪ Showing empathy ▪ Mother's Day ▪ I understand what it means to be lonely ▪ Bullying ▪ Conflict resolution ▪ School Values ▪ Internet safety 	<ul style="list-style-type: none"> ▪ School Values ▪ Road safety ▪ Show consideration to others ▪ Showing consideration and care to all living things ▪ Father's Day ▪ People that help me in school, at home and in the community. 	<ul style="list-style-type: none"> ▪ School Values ▪ Worries ▪ Reflection ▪ Transitions ▪ Expressing my thoughts and feelings ▪ Internet safety



Unit	Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships/ Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World/ The Working World	Hazard Watch/ A World Without Judgement
Year 1	Road Safety	Washing hands	Friendships NSPCC PANTS unit	Water Spillage	Jealousy	Online Bullying	Growing in our World Sun Awareness	Is it safe to eat or drink? Hoax Calling (Fire Unit)
Year 2	Typing Shoelaces	Healthy Eating Brushing Teeth	Bullying Body Language NSPCC PANTS unit	Practice makes perfect Helping someone in need	Worry Anger	Image Sharing Computer Safety Documentary	Living in our world Working in our world Sun Awareness	Is it safe to play with? Petty Arson (Fire Unit)
Year 3	Staying Safe Leaning out of Windows	Medicine	Touch NSPCC PANTS unit	Stealing	Grief	Making friends online	Looking after our world Sun Awareness	Enya and Deedee at the Fire Station Texting whilst Driving (Fire Unit)
Year 4	Cycle Safety	Healthy Living	Appropriate touch My Rights	Coming home on time	Jealousy	Online Bullying	Chores at home Sun Awareness	Breaking Down Barriers
Year 5	Peer pressure Adults & Children's View	Smoking	Inclusion and Acceptance Adults & Children's View Body Mapping	Looking out for others Adults & Children's View	Anger Adults & Children's View	Imagine sharing Adults & Children's View	Enterprise Adults & Children's View Sun Awareness	Puberty



			Bullying during Puberty					
Year 6	Water Safety	Alcohol	British Values Review Body rights/Body mapping/ Bullying during puberty	Stealing	Worry	Making Friends online	In app purchases Sun Awareness	Review Puberty